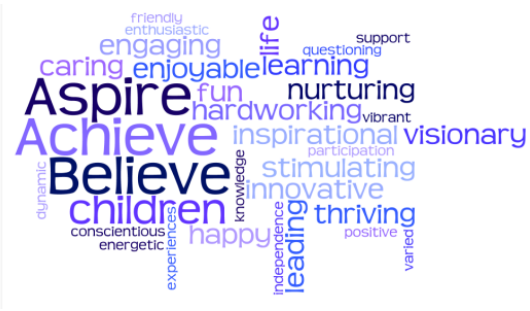


Coppice Primary School
Head of School: Mr M Fernandez
Executive Headteacher: Mrs C Pike
Manford Way, Chigwell, Essex, IG7 4AL
T: 020 8708 0740
E: admin@coppice.redbridge.sch.uk
www.coppice.redbridge.sch.uk

Tuesday 23rd October 2025

Dear Parents/Carers

As a part of our learning about **'Sikhism'** this term Year 6 will be going to the **Karamsar Gurdwara**, 400 High Road, Ilford on **Wednesday 8th October 2025**. We will be travelling by bus and will be leaving school at **9.20 am** and are hoping to arrive back at school at **2.45 pm**.

This is a great opportunity for us to explore something a part of community and experience a real life example of what we have been learning about.

Important information for the visit
Following the same respect that people going into a church would take off their hats, the Gurdwara politely asks that we cover our heads in the Gurdwara.

Headscarf – Whilst we are in the Gurdwara, we will all need to wear a headscarf. Boys may wear a small bandana, but no caps/hats will be allowed. There will be spare scarfs there if anyone forgets to bring their own.

Lunch – A lunch of chips and beans will be provided for all of us at the Gurdwara. They offer these foods so as to avoid allergies etc. We have learnt that this is an important part of Sikh life, sharing with others and really appreciate this hospitality. If your child does not eat chips/beans, please speak to their class teacher. Children can bring a packed lunch, but only with vegetarian options i.e. cheese sandwich.

Contribution - Our visit is free, but Sikhism is based on the principles of showing charity to those in need and so we would appreciate a contribution of £1 which we will give to the Gurdwara directly to help those in need.

Please ensure that your child is in school uniform, wearing smart, comfortable walking shoes and a suitable coat as we will have a short walk when we get off the bus.

We would like to invite adults to join us if they are available; places will be allocated using a random name generator to ensure that all volunteers have an equal opportunity to attend trips. As we are travelling by public transport, we would like to take as many volunteers as possible. A free lunch of curry is provided at the Gurdwara.

Thank you for your continued support.
Mr Ukwunnah and Ms Baker